



Allergen Matrix

Ludgvan Spring 2026



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Pri Potato Wedges (Homemade)														
Pri Baked Beans														
Pri Baton Carrots													✓	
Pri Breaded Fish 60g				✓					?					
Pri Broccoli Fresh														
Pri Brunch													✓	
Pri Cheese & Bean Pasty					✓ <i>Wheat</i>		✓							
Pri Chicken & Tomato Pasta Bake					✓ <i>Wheat</i>		✓						✓	
Pri Chicken Bites					✓ <i>Wheat</i>									



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Crustaceans



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Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

Pri Chips														
Pri Chocolate Cookie					✓ <i>Oats, Wheat (Barley*, Rye*)</i>									?
Pri Chocolate Rice Crispy Cake					✓ <i>Barley</i>		✓							?
Pri Chocolate Shortbread					✓ <i>Wheat</i>									?
Pri Cottage Pie												✓		
Pri Custard Cookie			?		✓ <i>Wheat</i>									?
Pri Devon Beef & Pork Bolognaise													✓	
Pri Devon Beef Burrito					✓ <i>Wheat</i>				?				✓	
Pri Fine Green Beans														
Pri Fish Fingers				✓	✓ <i>Wheat</i>									
Pri Fishcake				✓	✓ <i>Wheat</i>		✓		✓					



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Pri Flapjack					 Oats (Barley*, Rye*, Wheat*)									
Pri Fresh Chopped Salad														
Pri Hash Brown Bites														
Pri Homemade Focaccia Bread					 Wheat									
Pri Homemade Tomato & Herb Bread					 Wheat									
Pri Hot Dog					 Wheat									
Pri Ice Cream Pot														
Pri Iced Lemon Shortbread					 Wheat									
Pri Iced Sponge					 Wheat									
Pri Jacket Potato with Beans & Salad														
Pri Jacket Potato With Cheese & Salad														



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Pri Jacket Potato With Cheese, Beans & Salad							✓							
Pri Jacket Potato with Tuna Mayonnaise & Salad			✓	✓					✓					
Pri Jam Sponge			✓		✓ Wheat									?
Pri Lemon Drizzle Cake			✓		✓ Wheat								✓	?
Pri Macaroni Cheese					✓ Wheat		✓		✓					?
PRI Marble Cake			✓		✓ Wheat									?
Pri Margherita Pizza					✓ Wheat		✓						✓	?
Pri Mild Chicken Tikka Masala With White & Wholegrain Rice					✓ Wheat				✓				✓	
Pri Mozzarella & Tomato Pin Wheel					✓ Wheat	?	✓		?				✓	?
Pri Orange Sticky Toffee Cake			✓		✓ Wheat									?
Pri Pasta with Tomato Sauce					✓ Wheat								✓	



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Pri Peas														
Pri Plant Based Strawberry Jelly														
Pri Roast Chicken														
Pri Roast Gammon														
Pri Roast Potatoes														
Pri Roast Turkey														
Pri Rocket Lolly														
Pri Salad (Sticks - Carrot & Cucumber)														
Pri Salad (Tomato, Cucumber & Iceberg)														
Pri Salmon Fingers					 <i>Wheat</i>									
Pri Shredded Savoy Cabbage														



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Pri Sliced Carrots													✓	
Pri Spanish Vegetable & Butter Bean Casserole													✓	
Pri Spinach & Potato Spanish Omelette			✓				✓							
Pri Strawberry Mousse Whip							✓							
Pri Sweetcorn														
Pri Tomato & Mozzarella Pasta Bake					✓ <i>Wheat</i>		✓						✓	
Pri Vegan Bolognese ONLY													✓	✓
Pri Vegan Mince Mild Chilli													✓	✓
Pri Vegetable & Chickpea Curry					✓ <i>Wheat</i>				✓				✓	
Pri Vegetable Nuggets					✓ <i>Wheat</i>									
Pri Vegetable Pie					✓ <i>Wheat</i>	?			?					?



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Pri Vegetable Sausage Roll					✓ <i>Wheat</i>	?			?					?
Pri Vegetarian Brunch					✓ <i>Wheat</i>									
Pri Vegetarian Toad In The Hole			✓		✓ <i>Wheat</i>		✓							
Pri Wedges														
Pri White & Wholegrain Rice														
Pri White & Wholewheat Penne					✓ <i>Wheat</i>									
Pri Yorkshire Pudding Vegetable Cottage Pie			✓		✓ <i>Wheat</i>		✓							