

Allergen Matrix

Ludgvan Autumn/Winter 2025

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO ₂	 Soya
Pri Potato Wedges (Homemade)														
Pri Apple & Raspberry Cake			✓		✓ <i>Wheat</i>									?
Pri Apple & Raspberry Crumble & Custard					✓ <i>Oats, Wheat (Barley*, Rye*)</i>		✓							?
Pri Apple Cake			✓		✓ <i>Wheat</i>									?
Pri Baked Beans														
Pri Baked Half Jacket Potato														
Pri Baton Carrots													✓	
Pri Beany Jollof Rice													✓	
Pri Beef Lasagne			?		✓ <i>Wheat</i>		✓		✓				✓	?

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Black Bean & Mozzarella Quesadilla					 <i>Wheat</i>									
Pri Breaded Fish 60g														
Pri Broccoli Fresh														
Pri Broccoli, Bean & Cauliflower Cheese Bake					 <i>Wheat</i>									
PRI Cauliflower Fresh														
Pri Cheese & Red Onion Quiche					 <i>Wheat</i>									
Pri Cheesy Wheels					 <i>Wheat (Barley*, Oats*)</i>									
Pri Chicken Fajita Wrap					 <i>Wheat</i>									
Pri Chinese Chicken Noodles					 <i>Wheat</i>									
Pri Chipolata Sausages														
Pri Chips														

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Chocolate & Beetroot Brownie					 <i>Wheat</i>									
Pri Chocolate Mousse Whip														
Pri Coleslaw (Prepped Veg)														
Pri Creamy Bacon & Penne Pasta					 <i>Wheat</i>									
Pri Devon Beef & Vegetable Hot Pot														
Pri Devon Beef Bolognaise ONLY														
Pri Fine Green Beans														
Pri Fish Fingers					 <i>Wheat</i>									
Pri Fishcake					 <i>Wheat</i>									
Pri Five Bean & Vegetable Enchilada					 <i>Wheat</i>									
Pri Fresh Chopped Salad														

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Fruity Couscous					 <i>Wheat</i>									
Pri Fruity Flapjack					 <i>Oats</i> <i>(Barley*,</i> <i>Rye*,</i> <i>Wheat*)</i>									
Pri Hash Brown Bites														
Pri Homemade Focaccia Bread					 <i>Wheat</i>									
Pri Homemade Garlic Focaccia Bread					 <i>Wheat</i>									
Pri Homemade Tomato & Herb Bread					 <i>Wheat</i>									
Pri Homity Pie					 <i>Wheat</i>									
Pri Iced Bun					 <i>Wheat</i>									
Pri Iced Sponge					 <i>Wheat</i>									
Pri Indian Kachumber Salad														
Pri Jacket Potato with Beans & Salad														

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Jacket Potato With Cheese & Salad							✓							
Pri Jacket Potato With Cheese, Beans & Salad							✓							
Pri Jacket Potato with Tuna Mayonnaise & Salad			✓	✓					✓					
PRI Lemon Cookie					✓ <i>Oats, Wheat (Barley*, Rye*)</i>									?
Pri Mashed Potato													✓	
Pri Naan Bread					✓ <i>Wheat</i>									
Pri Noodles					✓ <i>Wheat</i>									
Pri Oaty Cookie					✓ <i>Oats, Wheat (Barley*, Rye*)</i>									?
PRI Orange Cookie					✓ <i>Oats, Wheat (Barley*, Rye*)</i>									?
PRI Pasta With Cheese Sauce					✓ <i>Wheat</i>		✓		✓					?

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Pasta With Tomato & Vegetable Sauce					 <i>Wheat</i>									
Pri Pear & Chocolate Crumble with Chocolate Custard					 <i>Oats, Wheat (Barley*, Rye*)</i>									
Pri Peas														
Pri Pepperoni Pizza					 <i>Wheat</i>									
Pri Plant Based Strawberry Jelly														
Pri Potato Balls					 <i>(Wheat*)</i>									
Pri Rainbow Coleslaw (Prepped Veg)														
Pri Red Pepper & Sweetcorn Pizza					 <i>Wheat</i>									
Pri Roast Chicken														
Pri Roast Gammon														
Pri Roast Pork Leg														

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Roast Potatoes														
PRI Roasted New Potatoes														
Pri Roasted Vegetable & Mozzarella Tartlet					 <i>Wheat (Barley*, Oats*)</i>									
Pri Salad (Sticks - Carrot & Cucumber)														
Pri Salad (Tomato, Cucumber & Iceberg)														
Pri Salmon Fingers					 <i>Wheat</i>									
PRI Shortbread					 <i>Wheat</i>									
Pri Shredded Savoy Cabbage														
Pri Sliced Carrots														
Pri Spaghetti					 <i>Wheat</i>									
Pri Spanish Chicken														

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Spinach, Cheese & Potato Pie					 Wheat									
PRI Steamed New Potatoes														
Pri Sweetcorn														
Pri Syrup Sponge					 Wheat									
Pri Tortilla Chips														
Pri Vegetable & Butterbean Chilli ONLY														
Pri Vegetable & Lentil Wellington					 Wheat									
Pri Vegetable Filled Pitta with Yoghurt & Mint Sauce					 Wheat									
Pri Vegetable Nuggets					 Wheat									
Pri Vegetarian Sausage					 Wheat									
Pri Wedges														

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri White & Wholegrain Rice														
Pri White & Wholewheat Penne					 Wheat									